

Ingredients



Calamine

Tea Tree Oil



BHAs

Rosemary



Acne Prone Skin
Cleansers

Evaluation

Top Tips



Use soft circular motions to clean your skin, avoid harsh scrubbing that can irritate it and worsen the acne.



If your skin is extremely oily, use blotting paper before your normal oil cleanser to remove excess oil.



Fragrances can be irritating and worsening to acne prone skin, try looking for fragrance-free alternatives.



Double cleansing – first with oil-based cleanser followed by water-based cleanser - will ensure deep cleaning without irritating the skin.

Conclusions

1.

2.

3.

4.



Ingredients



Centella

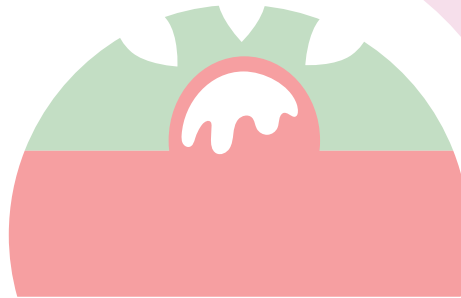
Niacinamide



Saccharomyces



AHA / BHA



Acne Prone Skin
Toners + Serums

Evaluation

Top Tips



Apply toner post-cleansing to remove leftover residue and prepare the skin for serums or moisturizer.



Never overuse toners to prevent overdrying which can lead to more oil production and acne.



Toners can make your skin more sensitive to sunlight, so always use SPF after using them in the morning.



If using two toners - one exfoliating (with AHA or BHA) and one hydrating, ensure the exfoliating toner is applied first for best results.

Conclusions

1.

2.

3.

4.



Ingredients



Hyaluronic Acid

Retinol



Niacinamide



Squalane



Acne Prone Skin Creams

Evaluation

Top Tips



Skip abrasive scrubs as they can worsen acne. Opt for gentle exfoliants that contain AHAs or BHAs.



Apply creams in a thin, even layer to prevent an excess build-up of product.



Minimize touching your face. Constant contact transfers oils and bacteria from hands to face which may trigger breakouts.



Look for moisturizers that contain salicylic acid or benzoyl peroxide, which can help in treating acne.

Conclusions

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2.

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