

## Ingredients



**Yam Root**



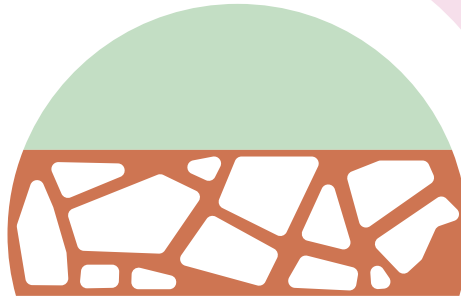
**Black Rice Oil**



**Centella**



**Oats**



**Dry Skin  
Cleansers**

## Evaluation

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## Top Tips



Use emulsifying ingredients to slow down transepidermal water loss. E.g. Honey Propolis or Calendula Wax



Incorporating Glycerin or Beta Glucan throughout can keep water attracted to your skin.



Use a milky cleanser as an alternative to double-cleansing to keep your skin hydrated.



When using enzyme washes, make sure you have a healthy barrier first and re-hydrated skin!

## Conclusions

1.

2.

3.

4.



## Ingredients



**Primrose Oil**

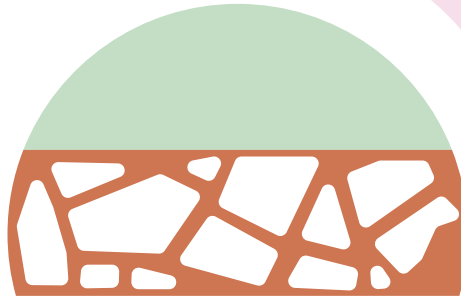
**Snail Mucin**



**Squalane**



**Aloe Vera**



**Dry Skin**  
Toners + Serums

## Evaluation

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## Top Tips



Use toner pads as a lightweight way of applying, causing less rubbing to your skin.



For a quick fix, use a probiotic toner before aloe vera, finishing with a ceramide cream.



If you're out of products, Add olive oil to your skincare or creams as it naturally contains squalane!



Be aware that Snail Mucin may clog your pores so may not be appropriate for dry acne, prone skin .

## Conclusions

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## Ingredients



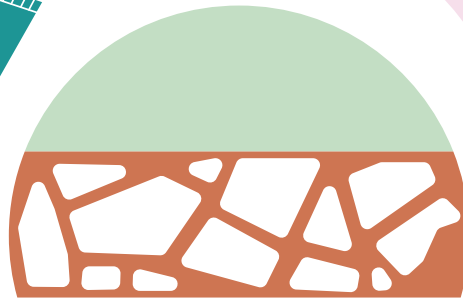
**Calendula**

**Ceramides**



**Probiotics**

**Panthenol**



## Dry Skin Creams

### Top Tips



Don't forget about eye creams! The eye area can be prone to dryness and irritation.



Add oils to your creams to keep your hydration locked in, such as primrose oil and tamanu oil



Use serums & creams on damp skin! This makes it easier for your skincare to penetrate.



Kombucha contains probiotics and natural acids that can improve a damaged skin barrier and increase hydration

## Evaluation

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## Conclusions

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