

Ingredients



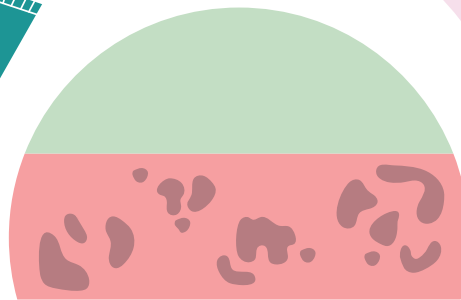
Ginseng

Black Rice



Centella

Panthenol



Hyperpigmentation & Glowing Skin

Cleansers

Top Tips



A gentle cleanser, with brightening ingredients such as Ginseng, can help even your skin tone without damage.



Black Rice is packed with Vitamin B, which can brighten the skin, but also have anti oxidants to protect from environmental stress.



Oil-based cleansers can help improve the look of dull skin and stop your routine from becoming too drying.



Incorporating Panthenol or Centella can increase the healing properties of your cleanser and help your skin cell turnover.

Evaluation

Conclusions

1.

2.

3.

4.



Ingredients

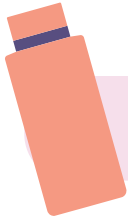


Alpha Arbutin

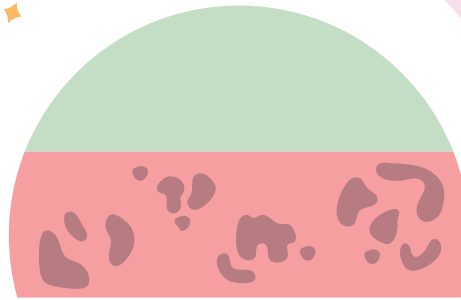
Azelaic Acid



Propolis



Retinol



Hyperpigmentation & Glowing Skin
Toners & Serums

Evaluation

Top Tips



When using active ingredients, make sure to use the 'sandwich' method to avoid irritation!



Using an effective active, like Arbutin, can help to reduce melanin from forming in the skin, and pairs great with Vitamin C.



To promote clearer and brighter skin, Azelaic Acid or Retinol can help to remove dead skin cells.



Propolis is a humectant, which draws water into the skin. This can help give you a glowy, glass-skin appearance.

Conclusions

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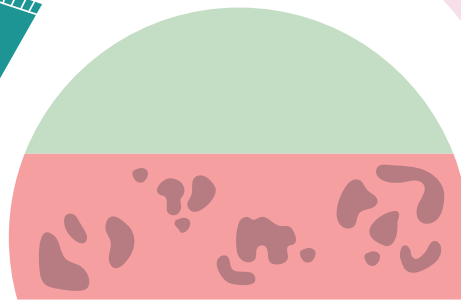
Bifida Ferment

Green Tangerine



Niacinamide

Glutathione



Hyperpigmentation & Glowing Skin Creams

Evaluation

Top Tips



Don't forget about eye creams! The eye area can be prone to dryness and further irritation.



Bifida Ferment is great at making your skin less reactive, helping to repair a broken skin barrier.



Glutathione can reduce the production of melanin. Using it within a cream can reduce the appearance of dark spots.



If you use a mineral SPF, these can block blue lights which will help reduce skin pigmentation.

Conclusions

1.

2.

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